

LETS EVOLVE

By Helen Joynson

Helen's paintings have an energy which uplifts our spirit. Helen believes that colour to the spirit is as necessary as food to our physical body - this is why we often find ourselves attracted to colour.

The colours Helen uses in her paintings are balanced together in harmony, hence, representing the way in which we should live our lives together, and with nature. Harmony and serenity in our daily lives, enhances the beauty around us.

OUR PLANET is a piece of work depicting the rich colour of our planet. The diversity of colour allows us to absorb and appreciate the beauty surrounding us.

OUR SKY Our sunsets are beautiful and this piece depicts the varying hues - merging rich colours together with light creates a wonderful feel for nature at its most glorious.

OUR BEAUTIFUL WATER a fascinating mixture of colours representing our crystal blue water. This piece offers a unique experience of serenity and calmness.

Through my art I express the beauty of our planet and other spheres. I aim to calm our mind and soul with harmonious colours that remind the viewer to absorb, cherish and appreciate our fascinating world.